

St. John the Baptist and Holy Trinity

406 Court Street Syracuse, NY 13208

Office (315) 478-0916 Fax (315) 423-8096

August 11, 2024



19TH SUNDAY IN ORDINARY TIME

“I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die.”

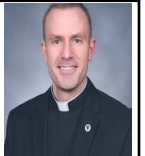
- Jn 6:48-50

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From Fr. Brendan Foley

St. Paul throws down a near-impossible challenge for us today: “Do not grieve the Holy Spirit of God...all bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice.” Much easier said than done! If only it were that easy to just flip a switch and turn bitterness and anger off in our hearts. Why is that? I’ve always thought Jeremiah 17:9 captures it well: “More tortuous than anything is the human heart, beyond remedy; who can understand it?” Sometimes deep in the heart we just feel the weight of our ruminating, suffering things great or small, likely beyond our control, and we carry a heaviness that eventually shows up in all our interactions with others.



Grumbling and wallowing in our own frustrations can become easy for us, without willing it, it can even become our default mode. From our readings today this struggle seems to be a timeless issue that we confront in our humanity. We’ve been encountering the murmurings of the Israelites against Moses in the desert in the past Sundays, today, Elijah is at the point of despair in his grief in our first reading, and again today in our Gospel, the crowd is skeptical and slow of heart to trust what Jesus is offering.

Remarkable for us, though, if we consider that a remedy for our daily woes and dissatisfactions is present in the Eucharist, the bread come down from heaven. In the Eucharist is the very life of God that alone is the only real power over sin, suffering, and death. Staying close to the Eucharist is quite literally staying close to the life of God. If we know that Jesus could handle all the situations and strife that we carry, then staying as close as we can to his life in the Eucharist allows him direct access to all that leaves us in the pain of our grief!

From Catechism paragraphs 1391-1392: The principal fruit of receiving the Eucharist in Holy Communion is an intimate union with Christ Jesus. Indeed, the Lord said: “He who eats my flesh and drinks my blood abides in me, and I in him.”... Now too [in the Eucharist] are life and resurrection conferred on whoever receives Christ. What material food produces in our bodily life, Holy Communion wonderfully achieves in our spiritual life.

May we be nourished and transformed by our union with Jesus Christ today, renewed with His strength to face all that leaves us bur-

Mass Schedule SJB/HT

Sunday - 9:00 am

Reconciliation Thursday 4:00-5:00 pm

Office Hours SJB/HT

Monday - Thursday 9:00am-4:00pm Friday 9:00am - 2:30pm

E-mail - nbergeson@svrdio.org

Web Site - www.stjohnthebaptist-holytrinity.com

Syr. Dio. Web-site - www.syracusedioecese.org

Pastor: Father Brendan Foley

Secretary/Bulletin: Nancy Bergeson

Senior Priest in Residence: Fr. Lester Smith

In Residence: Fr. Paschal Anionye

Music Director/Organist: Mr. James Stanley

Buildings/Grounds: Robert Warren

Religious Education: Betty Warren

Sacristan/Grounds: Allan Chouinard

Altar Server: Benjamin Chouinard



A Family Perspective Family Life Education
 “Stop murmuring” Jesus told the disciples in today’s Gospel. Complaining is a dead-end and constant complaining is nagging. We might feel better but others feel bitter. Silence or grumbling will not resolve the problem. Address differences honestly and respectfully. Do not make them personal attacks.

Pray For Vocations

“I will raise him on the last day.” Reflect on the profound promise of resurrection and what your path to eternal life looks like. Will your path of holiness be as a priest or religious brother or sister? Reach out to the Vocation Office via email: vocations@syrdio.org and follow us on Instagram @vocationssyracuse.



Weekly Readings and Observances Readings for the week of Aug. 11, 2024

Sunday: 1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9 (9a)/ Eph 4:30—5:2/Jn 6:41-51
 Monday: Ez 1:2-5, 24-28c/Ps 148:1-2, 11-12, 13, 14/Mt 17:22-27
 Tuesday: Ez 2:8—3:4/Ps 119:14, 24, 72, 103, 111, 131/Mt 18:1-5, 10, 12-14
 Wednesday: Ez 9:1-7; 10:18-22/Ps 113:1-2, 3-4, 5-6/Mt 18:15-20
 Thursday: Vigil: 1 Chr 15:3-4, 15-16; 16:1-2/Ps 132:6-7, 9-10, 13-14/1 Cor 15:54b-57/
 Lk 11:27-28 Day: Rv 11:19a; 12:1-6a, 10ab/Ps 45:10, 11, 12, 16/ 1 Cor 15:20-27/Lk 1:39-56
 Friday: Ez 16:1-15, 60, 63 or 16:59-63/Is 12:2-3, 4bcd, 5-6/Mt 19:3-12
 Saturday: Ez 18:1-10, 13b, 30-32/Ps 51:12-13, 14-15, 18-19/Mt 19:13-15
 Next Sunday: Prv 9:1-6/Ps 34:2-3, 10-11, 12-13, 14-15 (9a)/Eph 5:15-20/Jn 6:51-58

Observances for the week of Aug. 11, 2024

Sunday: 19th Sunday in Ordinary Time
 Monday: St. Jane Frances de Chantal, Religious
 Tuesday: Sts. Pontian, Pope, and Hippolytus, Priest, Martyrs
 Wednesday: St. Maximillian Kolbe, Priest and Martyr
 Thursday: The Assumption of the Blessed Virgin Mary
 Friday: St. Stephen of Hungary
 Saturday:
 Next Sunday: 20th Sunday in Ordinary Time ©LPi

Reflect: Readings and Gospel 19th Sunday In Ordinary Time



First Reading: The prophet Elijah was exhausted and prayed for death under a broom tree. How do you help a friend or family member who has such despair?

Second Reading: Paul’s high standard for living in the community of believers was literally unheard of in the ancient world. How can any community of faith achieve such an ideal way of living?

Gospel: Despite opposition from those who knew Jesus and his family personally, Jesus offered eternal life to all who believe in him. How can someone remain open to new or challenging ideas? ©LPi

19TH SUNDAY IN ORDINARY TIME



(Practicing) Catholic - Recognize God In Your Ordinary Moments

By Colleen Jurkiewicz Dorman
 Murmurings



When people whisper, what they whisper usually is not flattering. It’s also usually not accurate. If it was either of these things, it probably wouldn’t have to be whispered.

“Stop murmuring among yourselves,” Jesus tells the community in today’s Gospel, and I think I detect a hint of impatience in his voice — or is that just my own bias? Maybe, maybe not. But it’s true that what they were whispering about wasn’t particularly flattering, and it also wasn’t very accurate: *Did you hear what he said? That he’s the bread of life?*

Do they disbelieve, or are they simply confused? Resentful? Afraid? Overwhelmed? We don’t know, but we do know that they’re not bringing their questions into the open. They’re whispering them, trading them secretly, like contraband candy.

We know this guy. Who does he think he is? Well, if you ask me...

And then we get to what is usually the true purpose of a whispered opinion: the desire to make oneself out as the correct and unchallenged judge of the matter at hand.

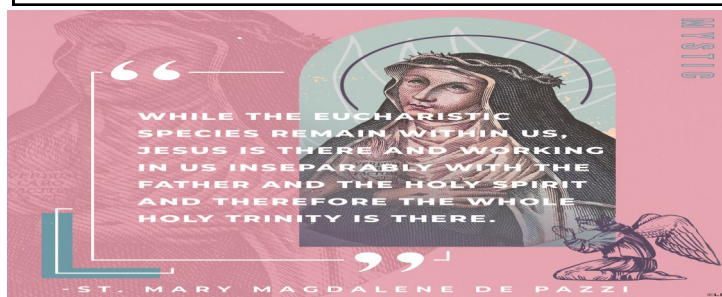
In many ways, *we have become a Church of murmurers. Did you see what Bishop So-and-So said to Such-and-Such newspaper? Did you hear what Fr. Whatsisname said in his homily? Who does he think he is? Well, if you ask me...*

Perhaps it was always this way, even before modern times. Perhaps this Gospel shows us that this is no new thing.

Today, we see Jesus respond to his sulking critics by drawing their attention back to the truth at the heart of his teaching. *Everyone who listens to my Father and learns from him comes to me.* And that is the end of their murmuring.

The truth is like a brick wall, and it knocks them over — or rather they, hurling themselves against it, knock themselves over.

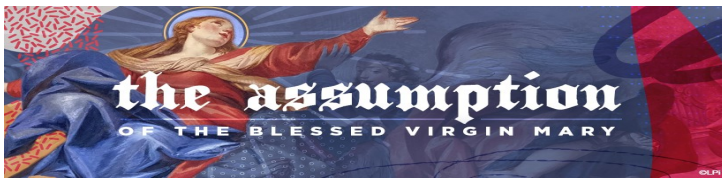
“I am the living bread that came down from heaven; whoever eats this bread will live forever.” — John 6:51 ©LPi



Prayer For Everyday And Everybody Prayer Of Memory

Dear Lord,
 Don’t let me forget the ways You’ve fought for me throughout history. You have been in my life in endless ways and words. May these memories comfort and encourage me now and always. Amen. ©LPi

Call the Rectory to arrange for marriages, arrangements made six months prior to date. Contact our organist directly. Information will be provided. Call the rectory for baptisms and hospital/home visits.



The Assumption of the Blessed Virgin Mary
Mass Schedule Holy Day of Obligation
 Assumption Church Wednesday Aug. 14th Vigil 4:00pm.
 OLP/SP Church Thursday Aug. 15th 7:15am.
 Assumption Church Thursday Aug. 15th 9:00am.
 SJB/HT Church Thursday Aug. 15th 12:15pm.

Lector Schedule - Sunday August 18
 9:00 am SJB/HT: Cathy Schotthoefter

9:00am Mass Intentions for SJB/HT

Sunday August 11, 2024
9:00am SJB/HT - Bill Judge - Mary Anne Judge
 Jane Hunkler - Fran & Judy Cooney
 Rita Carol - Annette & Mark Hartman
 Deceased Members SJBA '64 - Classmates
 Brian Mingolelli, Sr. - Joe Falcone & Gloria Falcone



International Food Festival Sign Up Form
Saturday, October 12 Noon-7:00pm
 Show off your cooking skills; Italian, German, Polish, Mexican, etc. As in years past, if you would like to volunteer as an International Chef, you will be responsible to bring your choice of food, pre cooked, any special supplies you need, such as crock pot or electric griddle, and any decorations, if you desire, for your table. We will supply the paper products you need & plastic wear. We will offer sample size servings or full plate. Price TBA. We are very grateful for your generosity in donating your food, time and talent. We also ask that you be present or assign someone responsible for your table throughout the event.

I would like to participate as a Chef. Name:

This is my donation of food:

_____ **I would like to donate to the Baked Goods Table.**

_____ **I would like to volunteer my time at the event setting up on Friday Oct. 11 TBA. Name** _____

_____ **In the kitchen event day.**

Name _____

You can put this form in the collection basket, if you wish drop in the mail or call the rectory. Thank you so very much.

Mass Schedule OLP/SP 315-422-7163
 Saturday Vigil - 4:00pm Vietnamese Mass 6:00pm
 Sunday - 7:30am, 11:30am
 9:30am Vietnamese
 Monday - Thursday 9:00am in the Chapel
 Reconciliation Wednesday 4:00-5:00pm

Special COLLECTIONS Retirement Fund For Religious Collection
Aging religious need your help. "Your support acknowledges that we continue the mission of Christ even in our retirement," says Mission Helpers of the Sacred Heart Sister Celeste Burgos, 80. Donations provide for the care, medicine, and daily needs of over 24,000 senior sisters, brothers, and religious order priests who have dedicated their lives to service. Please give to the Retirement Fund for Religious. The collection date is Sunday August 18th. **Envelopes can be found scattered among the pews and on the tables in the vestibule of the church. Or you may put your donation cash or check, payable to SJB/HT, in a white envelope with your name on the front and also include "Retirement Fund" on the envelope and or check please.**

Sacrificial Giving
 Week August 4th
 SJB/HT Collection: \$3,289.00 OLP/SP Collection: \$



"From this day all generations will call me blessed: the Almighty has done great things for me and holy is his Name. He has cast down the mighty from their thrones, and has lifted up the lowly."

— Lk 1:48b-49, 52
 Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

Parishioners, please look through the prayer list and let me know if anyone should be removed as well as added. Thank you very much,,,,, Nancy



Remember: Mike Affleck, Shawn Babcock, Nancy Bailey, Jean Brooker, B.J. Bubniak Family, Arlene Bukowski, Ashley Caiello, Robert Capria, Catherine Cushman, Linda Deapo, Theresa Domathowski, Hank Donohue, Ginny & Erin Donovan, Jenny Emmi, Jon English, Tenley Farrow, Marilyn Ferretti, Ellen Gangemi, Gladys Graham, Robert Greenwood, Joseph Guinto, Jeanne Hammond, Mary Isgar, Carla Johnson, Tony Lauretti, Shirley Kerr, Emma Lane, Kay Ledermann, Jackie Limeri, Maria Luisi, Judy & Skip Marioritti, Michael & Darlene Morga, Diane Moro, Peggy Palerino, The Pavia Children, Antoinette Perotta, Cherie S., Faith Setzer, Marion Sherwood, Esther Sindoni, John Sobon, Patricia Soule, Timothy K. Suppes, Barbara Traino, Gerry Vaccaro, Shelly Visco, Matthew Watkins, Fred Wheeler and Maureen White. **We also remember in our prayers our Service Men and Women & our Health Care Workers.**

Due to HIPAA laws, hospitals are not allowed to give names of patients. Please notify the parish office if you have a loved one in the hospital, a nursing home or is homebound and would like a visit.

dened or despairing. Have a blessed week!