

St. John the Baptist and Holy Trinity

406 Court Street Syracuse, NY 13208
Office (315) 478-0916 Fax (315) 423-8096

July 21, 2024



16TH SUNDAY IN ORDINARY TIME

When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things. - Mk 6:34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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July 21, 2024

Sixteenth Sunday In Ordinary Time

Burnout. Recent studies suggest that roughly two-thirds of doctors and nurses have signs of it. You probably know what burnout is: long-term stress leading to emotional exhaustion and a lack of a sense of personal accomplishment. Burnout can threaten anyone who tries to seriously serve and love others. How does our faith inform this challenging experience, and how do we find refreshment?

The apostles face something like burnout this week in Mark 6. They are run down from their missionary work, and Jesus says, **“Come away by yourselves to a lonely place, and rest a while.”** For them, and for us, it takes humility to intentionally rest. It means the world can go on without us. It stings our pride to admit God is necessary and we are not. Choosing to leave our good work to be with him — whatever the cost — is an act of humble faith. And that trust in God begins to revive us.

But there’s more to it. Hilariously, Mark tells us that throngs of needy people find out where the apostles are going and arrive ahead of them. Imagine the exasperation of the burnt-out apostles. “Can we *please* get a minute to ourselves? This is not healthy!” And Jesus seems to *encourage* the boundary violation by telling his frayed followers to feed the crowd. Look: once we move into humble rest, he calls us to *more* work, because we are made for love, not for rest. But Jesus does the vast bulk of the labor. He himself is the one who multiplies the small offering until everyone is satisfied.

What finally gives our heart rest isn’t more vacation time. It’s experiencing the super abundant generosity of God for us and those whom we serve.

— Father John Muir ©LPi

Mass Schedule SJB/HT

Sunday - 9:00 am

Reconciliation Thursday 4:00-5:00 pm

Office Hours SJB/HT

Monday - Thursday 9:00am-4:00pm Friday 9:00am - 2:30pm

E-mail - nbergeson@svrdio.org

Web Site - www.stjohnthebaptist-holytrinity.com

Syr. Dio. Web-site - www.syracusedioecese.org

Pastor: Father Brendan Foley

Secretary/Bulletin: Nancy Bergeson

Senior Priest in Residence: Fr. Lester Smith

In Residence: Fr. Paschal Anionye

Music Director/Organist: Mr. James Stanley

Buildings/Grounds: Robert Warren

Religious Education: Betty Warren

Sacristan/Grounds: Allan Chouinard

Altar Server: Benjamin Chouinard

International Food Festival

Yes, we are having the International Food Festival on Saturday, **October 12, 2024** in the Parish Center. At this time we are asking if you would like to participate with a food table to contact the rectory asap. By September 1st we hope to have all food vendors in place. Our bakers, we will have a baked good table, so your baked good donations will be graciously accepted. More information will follow. Please keep this date free on your calendars.



A Family Perspective Family Life Education

In today's Gospel, "the apostles gathered around and told Jesus all they had done." Listening allows the other person to express, understand and appreciate their experiences. Whether it is the excited chatter of a young child or the repetitious stories or an aging grandparent, listening is important. It is not just time well spent, it is sacred time.



Pray For Vocation

"They were like sheep without a shepherd." Do these words of Christ challenge you to give your all for Him and lead the flock as a priest? Reach out to the Vocation Office via email: vocations@syrdio.org and follow us on Instagram @vocationsyracuse.



Weekly Readings And Observances

Readings for the week of July 21, 2024

Sunday: Jer 23:1-6/Ps 23:1-3, 3-4, 5, 6 (1)/Eph 2:13-18/Mk 6:30-34

Monday: Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6, 8-9/Jn 20:1-2, 11-18

Tuesday: Mi 7:14-15, 18-20/Ps 85:2-4, 5-6, 7-8/Mt 12:46-50

Wednesday: Jer 1:1, 4-10/Ps 71:1-2, 3-4a, 5-6ab, 15 and 17/Mt 13:1-9

Thursday: 2 Cor 4:7-15/Ps 126:1bc-2ab, 2cd-3, 4-5, 6/Mt 20:20-28

Friday: Jer 3:14-17/Ps 19:8, 9, 10, 11/Mt 13:18-23

Saturday: Jer 7:1-11/Ps 84:3, 4, 5-6a, and 8a, 11/Mt 13:24-30

Next Sunday: 2 Kgs 4:42-44/Ps 145:10-11, 15-16, 17-18 (see 16)/Eph 4:1-6/Jn 6:1-15

Observances for the week of July 21, 2024

Sunday: 16th Sunday in Ordinary Time

Monday: St. Mary Magdalene

Tuesday: St. Bridget, Religious

Wednesday: St. Sharbel Makhluf, Priest

Thursday: St. James, Apostle

Friday: Sts. Joachim and Anne,
Parents of the Blessed Virgin Mary

Saturday:

Next Sunday: 17th Sunday in Ordinary Time ©LPi

Reflect: Readings and Gospel 16th Sunday In Ordinary Time

First Reading: We hear Jeremiah prophesy that the Lord will bring justice and security to Judah and Israel from the unjust shepherds (false rules) who led them astray. How do you help family or friends who need to make better choices?

Second Reading: Paul taught the Ephesians that in his death and resurrection, Jesus established peace and reconciliation between all believers, Jews, and Gentiles alike. How do you know you are at peace with a friend or loved one?

Gospel: Although Jesus wanted the Twelve to rest after their successful mission of preaching and healing, the crowds of people made it challenging to do so. Who could you encourage this week to rest well from their hard work? ©LPi



A Message From Fr. Foley

Thank you again for your support in prayer and your patience with me being away with the Diocesan Youth Pilgrimage to Steubenville! Please know that you were kept in my prayers while there. It was a weekend filled with many, many graces, and even renewal for me in spiritual fatherhood. The theme for this year's conference centered around the truth of John 1:5, namely that Jesus desires us to live in his light, and the darkness of our world, the darkness that surrounds us, the darkness that often penetrates our hearts, is no match for the healing light that Jesus alone can give. What came to be through him was life, and this life was the light of the human race; the light shines in the darkness, and the darkness has not overcome it. (John 1:4-5)



In our readings this Sunday we are going to begin a transition from Mark's Gospel which we have been hearing from all year to John's Gospel, and specifically we will be gifted the rich treasure that is Jesus' Bread of Life Discourse, John Chapter 6. First today, though, we hear a nice set up from Mark 6: Jesus, who is the Good Shepherd, invites his apostles to a time of prayer, rest, and refreshment so that they may continue on the journey having been fortified anew. It is certainly the case that we are in need of this rest with him, too! We are reminded that Jesus' role as shepherd necessarily involves his compassionate heart and the inseparable component of his heart, his desire to teach us and show us the way to divine life. We are to learn from him and be formed by him, and our life as disciples is not just the call to sit back and enjoy the love that Jesus extends to us, but to live from that love and to teach others the fullness of this love, too. His ways are better than our ways.

It can be the case that the more we learn from the Lord, the more we meditate on his words and teachings, the more we might fear all that should have to change in our lives, or that we might be daunted at what following Jesus means for us. It is true, we never should plateau in our friendship with the Lord, there are always new heights to ascend and to continue our growth as disciples regardless of our age or state in life. Our Responsorial Psalm this Sunday is a deep consolation for us in the face of any fears or anxieties in our life that might stir because of this: The Lord is my shepherd, there is nothing I shall want (Ps. 23). Expanding the translation of the original Hebrew there is helpful, too, the Lord is my shepherd, I shall not be lacking in anything. The consolation for the one who prays this psalm in faith receives anew the freedom of what it means to belong to the family of God as His beloved child. Our heavenly Father, and Jesus who himself is our Good Shepherd, will provide grace in abundance for all who turn in trust to Him, we need not fear that we will be lacking in anything, nor should we fear that following him will leave us doubting his goodness. Have a blessed week!



Parishioners

With the hotter months upon us and our church not having A/C, please feel free and comfortable to bring with you cold water bottles. It's important that we all stay hydrated through the hot weather and in church as well. It's OK!

Lector Schedule - Sunday July 28th

9:00 am SJB/HT: Lisa Johnson

Mass Schedule for SJB/HT & OLP/SP

Saturday July 20, 2024

4:00pm OLP/SP - Julio DeLorio - Frank & Sue
Benny & Terry Cimino - Son, Joseph

Sunday June 21, 2024

7:30am OLP/SP - All the people of OLP/SP
9:00am SJB/HT - David McLaughlin - Mother
Bill Judge - Louise & Sal Lamacchia
Florence Tubbert - Pat & Norm Jaquin
Al & Frances Bleskoski - Fran & Judy
Jeanne Viggiano - The Viggiano Family
11:30am OLP/SP - John F. Blasi - Marietta & Family
Angelo Borreggine - Wife, Frances

Monday July 22, 2024

9:00am OLP/SP - Cero "Butch" Frontale - Wife & Family

Tuesday July 23, 2024

9:00am OLP/SP - James Dwyer - Denise, Vinnie & Family

Wednesday July 24, 2024

9:00am OLP/SP - Vincent Intondi -
Marlene Canestrare & Family
4:00pm-5:00pm OLP/SP Confession

Thursday July 25, 2024

9:00am OLP/SP - Maria Giamartino - Kristen & Jennifer
4:00-5:00pm SJB/HT Confession

Friday July 26, 2024

Saturday July 27, 2024

4:00pm OLP/SP - June Blasi - Siblings
Virginia Lanza - The Family
Laura DelVecchio - Children
Francis Galimi - Joanne Licitra
Benny & Terry Cimino - Son, Joseph
Marianna D'Ambrosio - Frank & Sue
Helen Corbett - Sandy, Dan & Danny
Richard A. Tortora, Sr. - Rita & Family

Sunday July 28, 2024

7:30am OLP/SP - All the people of OLP/SP
9:00am SJB/HT - H. John Riley - Ann Billion
David McLaughlin - Mother
Bill Judge - Peter & Maureen White
11:30am OLP/SP - Maryann Vigliotti - Clara Delledera
Frank & Nancy Fugale - The Family

Mass Schedule OLP/SP 315-422-7163

Saturday Vigil - 4:00pm Vietnamese Mass 6:00pm
Sunday - 7:30am, 11:30am
9:30am Vietnamese
Monday - Thursday 9:00am in the Chapel
Reconciliation Wednesday 4:00-5:00pm

16TH SUNDAY IN ORDINARY TIME



Prayer Requests

Please do continue to put your prayer requests into the prayer boxes. The boxes are located in the Park St. vestibule and inside the Church at the parking lot entrance. Fr. Lester has graciously agreed to offer up your requests when he says Mass for himself, which he faithfully does everyday. The prayers will be collected each Monday and kept on the altar in the Chapel.

Sacrificial Giving

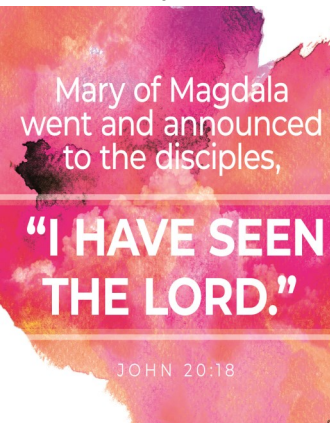
Week July 14
SJB/HT Collection: \$2,371.00 OLP/SP Collection: \$4,747.00

Parishioner, please look through the prayer list and let me know if anyone should be removed as well as added. Thank you very much,,,,, Nancy



Remember: Mike Affleck, Shawn Babcock, Nancy Bailey, B.J. Bubniak Family, Arlene Bukowski, Ashley Caiello, Robert Capria, Catherine Cushman, Linda Deapo, Theresa Domathowski, Hank Donohue, Ginny & Erin Donovan, Jenny Emmi, Jon English, Tenley Farrow, Marilyn Ferretti, Ellen Gangemi, Gladys Graham, Robert Greenwood, Joseph Guinto, Jeanne Hammond, Mary Isgar, Carla Johnson, Tony Lauretti, Shirley Kerr, Emma Lane, Kay Ledermann, Jackie Limeri, Maria Luisi, Judy & Skip Marioritti, Michael & Darlene Morgia, Diane Moro, Peggy Palerino, The Pavia Children, Antoinette Perotta, Cherie S., Cathy Galutz Sacco, Faith Setzer, Marion Sherwood, Esther Sindoni, John Sobon, Patricia Soule, Timothy K. Suppes, Barbara Traino, Gerry Vaccaro, Shelly Visco, Matthew Watkins, Fred Wheeler and Maureen White. **We also remember in our prayers our Service Men and Women & our Health Care Workers. Due to HIPP laws, hospitals are not allowed to give names of patients. Please notify the parish office if you have a loved one in the hospital, a nursing home or is homebound and would like a visit.**

Feast Day, Monday July 22, 2024



Parents of the Blessed Virgin Mary



Call the Rectory to arrange for marriages, arrangements made six months prior to date. Contact our organist directly. Information will be provided. Call the rectory for baptisms and hospital/home visits.